



Campaigning for the rights and understanding of people who self harm

NSHN is a charity and a company limited by guarantee. As such we are required to have a registered list of members that is renewed annually. We will send you a new form at the appropriate time. As a company limited by guarantee we must operate within our Memorandum and Articles of Association which protects you as a member and the charity during its day to day business. By signing this form you agree to the terms and conditions of the articles.

- We assure you that all the information given is confidential and falls within the Data Protection Act.
- Any post from NSHN is sent in plain envelopes to the address you provide.
- NSHN supports the environment and as such aims to reduce its use of paper products. Where possible we aim to send information to our members via email. If you are able to provide an email address and wish to receive information in this way then please indicate in the appropriate place on the form. We do not pass on any email addresses to any other party.
- You may request a copy of the Memorandum and Articles of Association and the charities constitution at anytime.
- NSHN reserve the right to refuse membership or to remove membership at any time.

To become a member of NSHN please fill in the details below.

(Mr,Mrs,Miss) First Name Surname.....

Address:
.....

Postcode:

Email address:

Please tick as appropriate:

Full member Professional Member Group
(Direct experience/friends family carers) (Such as healthcare/teaching staff)

I would like to be on your mailing/emailing list YES / NO

I would like to receive information where possible via email YES / NO

I would like to receive an information pack YES / NO (Please note we can not send this unless you agree to be on the mailing list.)

Signed: Dated:

NSHN is a charity and is reliant on grants and donations. Membership is free to individuals but please consider offering a donation to enable us to ensure we can continue to offer our services.

Suggested donation, £10 for members with direct experience of self harm (inc. friends, families and carers)

Suggested donation, £10 for professional members. (Doctors, nurses, teachers etc)

Membership fee is £25 (compulsory) for organisations

PO Box 7264 Nottingham NG1 6WJ

A company limited by Guarantee No. 4305979

Charity No. 1106336

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Campaigning for the rights and understanding of people who self harm

We are committed to promoting equal opportunities and value diversity. Please take a moment to complete this form. This information is strictly confidential and will be used for monitoring purposes only.

Sex and Age

Male Female Year You Were Born

Disability

Disability is defined by the Disability Discrimination Act as a physical or mental impairment, which has a substantial and long-term adverse effect on your day-to-day activities.

Do you consider yourself to be disabled? Yes No

If 'yes 'please give details if you wish

Carers

Do you provide unpaid care to others (children, dependant adults)? Yes No

Employment Status

Employed Self Employed Not Working

Full Time Study Part-time Study Not Working Due to Illness



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Ethnicity

How would you describe your ethnic origin? (please tick one box only)

White:- British Irish Welsh Scottish

Any other white background (please specify)

Mixed Race:- White & Black Caribbean White & Black African White & Asian

Any other mixed background (please specify)

Asian or Asian British:- Indian Pakistani Bangladeshi

Any other Asian background (please specify)

Black or Black British :- Caribbean African

Any other Black background (please specify)

Chinese or other ethnic group:- Chinese

Any other Asian background (please specify)